



# Amhrán na Wien

Athbhliain faoi mhaise daoibh go léir!

Hello and welcome to the first edition of **Amhrán na WIEN!** for the new decade!

A new decade calls for stronger New Year's resolutions and the AnWienTeam have compiled some of the usual resolutions and how to stick to them during the next couple of wintry months. If, like us, you spent a great deal of time digging cars or kids out of the snow in Ireland over Christmas then you might appreciate our tips on indoor activities so you do not have to leave the comfort of your own home.

Our new January 2010 edition, and all past and upcoming editions can be found at <http://www.gaavienna.at/anw.html> Once again, a big thank you to all those who acknowledged our previous editions and who became our fans on Facebook ([www.facebook.com/pages/Amhran-na-Wien/190081030906](http://www.facebook.com/pages/Amhran-na-Wien/190081030906)). If you have any ideas or recommendations, please do not hesitate to email us at [irishnewsletter@gmail.com](mailto:irishnewsletter@gmail.com). We are always thrilled to get any feedback!

Enjoy!

Slán go foill,

The AnWienTeam

## Resolution 2) Be more charitable

### 2010 GOAL IRISH CHARITY BALL – 10th April 2010

Get your diaries out folks and save the date for the 2010 GOAL Irish Charity Ball.

The Ball will take place on the 10th April 2010, once again in the spectacular InterContinental Hotel! With the location secure, the new enhanced Committee are beavering away to confirm important details such as the band, dancers and other delights to ensure as wonderful a spectacle as in previous years!

Get ordering your tickets by sending an email to [irishballvienna@gmail.com](mailto:irishballvienna@gmail.com). Watch this space for more details on the Ball or visit the new and improved GOAL Irish Ball website, which will be coming soon at:

<http://www.irishballvienna.at/>



## Resolution 1) Try to stop only *pretending* to be cultured...

Ian Brown	21 Jan	Arena Vienna
Michael Bolton	27 Jan	Wiener Konzerthaus
Europe	31 Jan	Gasometer
Maria Doyle Kennedy	29 Jan	Haus der Musik
Chris Rea	2. Feb	Stadthalle
The Swell Season	10 Feb	MQ Halle E+G
Paul Young	19 Feb	MQ Halle E+G
Joan Baez	19. Feb	Stadthalle
Dave Matthews Band	19 Feb	Gasometer
Lord of the Dance	20/21 Feb	Stadthalle
White Lies	20 Feb	Arena
Joss Stone	21 Feb	Gasometer
Johnny Logan	24 Feb	Etablissement Ronacher
Eros Ramazzotti	25 Feb	Stadthalle
Paul O'Reilly	26 Feb	Vorstadt

Vienna's English Theatre - God of Carnage by Yasmina Reza  
27 Jan - 06 Mar 2010

International Theatre Vienna - Porzellangasse 8, 1090  
Dr. Jekyll and Mr. Hyde by Robert Louis Stevenson  
26 Jan - Mar 27

Theater Drachengasse - Vital Signs by Jane Martin  
29 Jan, 5 and 19 Feb 2010 at 22.30

An Irish band headlining FM4's Birthday Party!!

Yet another sign of Austro-Irish links... FM4 have invited the Northern Irish band 'Two Door Cinema Club' (TDCC) to rock the Arena floor and celebrate their 15th birthday by headlining at this one day festival!

Listen to them on: [www.myspace.com/twodoorcinemaclub](http://www.myspace.com/twodoorcinemaclub) and by your tickets from [www.oeticket.com](http://www.oeticket.com).



## Resolution 3) Get rid of that turkey belly

### Marathon training

In the run-up to this year's Vienna City Marathon (18 April) there will once again be three official runs in the Prater under the "Winterlaufserie". These are practices for the big day and once registered you can choose what distance you would like to run, on the following dates 24 Jan, 14 Feb and 7 Mar.



### Vienna Gaels

The Vienna Gaels have been enjoying hibernation these past two months while they wait for the pitch to thaw and Spring to start. However, Xmas did not go unnoticed and the traditional Vienna Gaels Xmas Party was celebrated in style in Flanagan's Irish Pub. Many thanks to Flanagan's for donating beer and Jameson for donating whiskey to club members! A raffle topped the night, with great prizes donated by JVC, Canon and Fiona O'Carroll - resulting in a tent being set up in the bar and Cadbury's chocolate being enjoyed by all!

Vienna Gaels always welcome new members of ANY level. Work off the Christmas waddle and have loads of fun!

Visit [www.gaavienna.at](http://www.gaavienna.at) for all info.

### Köstlich

Färbergasse 8, 1010 Vienna  
[www.koestlich.biz](http://www.koestlich.biz)

If one of your resolutions is to get healthy, then why don't you replace the old Schnitzelsemmel by a lunch break at Köstlich? This cafe in the 1st district is the new hotspot for healthy and hearty veggie and vegan options, to eat in or take away. Check out the menu online and see you there!



## Resolution 4) Remember Ireland has more to offer than just Guinness...



Tue 2 Feb - Darts Evening  
Crown and Sword Irish Pub 7pm  
1020, Obere Augartenstraße 72  
(U2 Taborstraße)

No previous experience required!

On Tue 2 March the Society will be arranging Irish Dancing practice, also in the Crown and Sword Irish Pub for all you keen dancers to get your legs in shape for the St. Patrick's Day Céilí on 13 March. For full details of this and every Society event please visit:

[www.austro-irish.at](http://www.austro-irish.at)



### St Patrick's Day 2010



We will be covering the full programme for St. Patrick's Day celebrations in our next edition but wanted to make an early reminder of the St. Patrick's Day Mass, which will take place on 20 March at 10am in Johanneskapelle Schottenstift, Freyung, followed by the Annual St. Patrick's Day Parade. This year we have to make the parade bigger and greener than ever before. The silly green hats previously destined for South Africa can be put to good use here!

### Hairy Baby

To further promote our great Irish slogans, visit [www.hairybaby.com](http://www.hairybaby.com) where such known and celebrated phrases ("Down with that sort of thing", "Careful now") are plastered proudly across your chest for the world to see. Guaranteed to make a room of 1980's children laugh! (A recommendation from a great AnWien reader who is sadly leaving Vienna)



[irishnewsletter@gmail.com](mailto:irishnewsletter@gmail.com)



## Resolution 5) Pamper 'me' more

### Spas

Austrian 'Thermen' (spas) are the place to go to relax, be it for a weekend, an afternoon or after a day on the slopes - sit out in a steaming bubble bath of thermal water on a freezing afternoon chatting to friends, partners and family or simply washing away the regrets of any broken New Year resolutions.

#### Top 3 of an Austrophile AnWien writer

Loipersdorf - perfect for children (or childish adults) - outdoor slides and other fun activities to stay entertained and outdoors all day. [www.therme.at](http://www.therme.at)

Linsberg Asia - a new Asian themed spa just outside of Vienna. Ideal to introduce guests to the Austrian spa concept. [www.linsbergasia.at](http://www.linsbergasia.at)

Larimar - this is a spa-hotel perfect for a ladies weekend or a romantic escapade with rooms assigned based on your Feng-Shui personality. [www.larimarhotel.at](http://www.larimarhotel.at)

And when you are tired of the water, treat yourself to a massage or go to the Sauna!



### Sauna culture - nude or prude??

For Irish people experiencing their first winter in Austria, the importance of outings to the sauna will be something quite new, and as this AnWienTeam member found, can also be quite daunting. Sweating it out in an atmosphere of over 90 degrees is not everyone's thing, but can be surprisingly refreshing once you jump into that cold pond or shower afterwards.

But what about the bathing suit situation?

For public saunas in Austria one must embrace going 'au naturel' or you could face the wrath of a towel-wielding attendant intent on knocking the Irish blushing from your cheeks!

Don't be alarmed if you see somebody suddenly grab their towel and whip it around in the air and then wave it at you... You are not witnessing an odd Austrian mating call - this is to help circulate the hot air and increase humidity.

Whether you decide to be a prude or a nude, the sauna experience assumes an important place in Austrian culture, and if you can take the heat, it really is a great way to unwind and relax after a stressful week at work. Spas and saunas may or may not cure that old back pain or shoulder ache of yours, but they'll definitely leave you rejuvenated and relaxed and ready to carry on with resolution number 6.



## Resolution 6) Become the star you were born to be



### Open Mic Poetry

Ever wanted to showcase your poetry talents in Vienna but worried about scary critics? Try the relaxed atmosphere of the "Labyrinth" open mic poetry nights in Café Kafka (Capistrangasse 8, Vienna 1060). These nights are held on the first Friday of each month. Sign up at 8pm on the night and display your talents with the pen, all languages welcome. There are also readings from accomplished poets each month.





## Resolution 7) Spend more time with loved ones



### Saturday night at the movies!

There are almost 40 cinemas to choose from in Vienna, and English speaking cinemagoers are well catered for. Many cinemas show English language films in their original version (OV), generally with German subtitles. The two most popular cinemas, showing mainstream movies only in English, are the Haydn ([www.haydnkino.at](http://www.haydnkino.at)) and the Artis ([www.film.at/artis\\_international](http://www.film.at/artis_international)). If arthouse films are more your thing, explore cinemas such as the Votivkino, Top Kino and Vienna's largest cinema, Gartenbau Kino, with its huge screen and 750 seats!

For more information about Vienna's cinemas and current offers, go to [www.film.at](http://www.film.at).

### Snuggle up on cold days by bringing eateries to your couch with the click of a button!

Why trudge to the supermarket on a cold day when you can have more time in the comfort of your home with friends?

Instead - log on to [www.willessen.at](http://www.willessen.at) or [www.mjam.at](http://www.mjam.at), the easiest way to order food direct to your home. Categorized by district and food types, such as Chinese, Indian, Italian, Austrian (we haven't seen an Irish one yet but that could be the next AnWien project!), you simply choose from the menu, order and if you have no credit card, don't worry, payment is upon delivery....it's as simple as that! [www.willessen.at](http://www.willessen.at) even delivers beyond the Gürtel and beyond the 23 districts of Vienna.

To complete a night in with friends, rent a DVD from the "Alphaville International Video Store" on Schleifmühlgasse. This gem boasts a collection of over 10,000 DVDs! For more information, go to [www.alphaville.at](http://www.alphaville.at). Why not rent the classic "The Third Man", the romantic "Before Sunrise" or the intriguing "The Illusionist", and see the streets of Vienna without ever stretching your legs. We do not however recommend that you make a habit of this, as it may take its toll on the waistline - see Resolution 3!

### CityKids

A big thanks goes out to the AnWien reader who recommended [www.citykids.at](http://www.citykids.at), the ultimate website for kids and their parents living in Vienna. The site is divided into sections for such things as music classes for children, pilates classes for moms, activities and excursions for curious children, deliveries of goods for soon-to-be mums who need to avoid the icy weather. Their weekly email highlights events and activities happening that week to help you plan a family outing.

## And the reason to break all resolutions ....

### Die Burgermacher, Burggasse

Fancy a burger? Then check out "Die Burgermacher". Run by a young couple, this cosy, inexpensive restaurant offers a unique selection of delicious burgers - from the classic beef burger to the "Fleischeslust" (carnal desire) and Mexican burgers. When this AnWien researcher went to sample the burgers the top selling burger was the "Stinkekäse Burger" (the stinky cheese burger!!). For the vegetarians among you, there is also a choice of several tofu burgers.



Everything at Die Burgermacher is homemade, from the burgers and chips down to the mayonnaise and ketchup. No sign of the beloved Irish coleslaw, we are afraid. A favourite side dish is the patatas fritas, which are homemade chips partly made from red potatoes, which give them the colour of the Spanish flag! Wash down your meal with your chosen beer from the wide range of over 25 beers on offer. For more information go to [www.dieburgermacher.at](http://www.dieburgermacher.at)

Email us if you would like AnWien's favourite burger recipe for your own homemade feast!

### What the committee did....

- tested and proved that New Year's Resolutions rarely last....

